

**Michigan 4-H Proud Equestrians Program**  
presents  
**INSTRUCTOR UPDATE WORKSHOP**  
**October 28-29, 2006**

**PLACE:**

Kellogg Biological Station Conference Center  
3700 E. Gull Drive  
Hickory Corners, MI 49060

**and**

Cheff Therapeutic Riding Center  
8450 N 43<sup>rd</sup> St.  
Augusta, MI 49012

**Note:** The Cheff arena is new so bring a chair.

**TIME:**

Registration - Saturday, October 28, 2006, 1:00-2:00 p.m.  
Adjourn - Sunday, October 29, 2006, 1:30 p.m.

**COST:**

4-H volunteers pay \$15.00. The actual cost of this workshop will be approximately \$80 per person. The Michigan 4-H Foundation will provide a \$65 scholarship for instructors and therapists currently involved in 4-H PEP programs. Participants are asked to pay the additional \$15. Your county 4-H PEP program may wish to cover their expense for its personnel. Cost for those who wish to attend the workshop but are not affiliated with a 4-H program will be \$150 per person. All fees must be prepaid at your local county MSU Extension office. Persons canceling without a replacement after October 18 will be charged the \$15 "no show" fee.

**RESERVATIONS:**

Reservations should be received in the county Extension office by October 13, 2006. Please use workshop #404 when entering registrations on the MSUE 4-H Workshop Registration System. Reservations are made on a first-come, first-serve basis. This deadline will be strictly enforced.

**WHO SHOULD ATTEND:**

This is a workshop strictly for therapeutic riding instructor and therapists working with therapeutic riding programs. All 4-H instructors certified before January 1, 2006 are REQUIRED to attend either the September or February workshop in order to be approved to teach a 4-H PEP program in Michigan: January 1, 2007 to December 31, 2007.

**MEDIA RELEASE/MEDICAL TREATMENT AUTHORIZATION:**

When registering for a workshop, all participants are encouraged to complete the Medical Treatment Authorization section of the form. This form is then given to the county MSU Extension office which is then sent to the workshop coordinator. Copies of the form can also be brought to the workshop.

All workshop participants are encouraged to complete the Media Release section of the form. This section authorizes MSU Extension to record and photograph workshop participants and to use these photos and/or voice in educational and promotional publications and programs.

**WHAT TO BRING:**

Bedding and linens are furnished. Please bring pencil or pen, and notebook for taking notes.

**SPONSORS:**

This workshop is sponsored by the Michigan 4-H Foundation through a grant provided by the sources listed below. Please send your letter of appreciation to:

The Jack & Betty Barnes Tribute Fund                      AND  
c/o Mr. and Mrs. Jack W. Barnes  
1539 Winchester Court  
East Lansing, MI 48823

Michigan 4-H Foundation  
Michigan 4-H Proud Equestrians  
Program Endowment Fund  
4700 S. Hagadorn Road, Suite 220  
East Lansing, MI 48823

All participants are strongly encouraged to send a letter of appreciation to the above donors. Without their help, this workshop would not have been possible.

**SMOKING REGULATIONS:**

All persons are expected to adhere to KBS's smoking regulations. Smoking is prohibited in all sleeping rooms and in all common areas including meeting rooms, lounges and stairways. Signs will be posted in areas where smoking is permitted.

**CONDUCT POLICY:**

Participants will adhere to the following general conduct policy: Anyone participating in a state-sponsored 4-H activity who is caught in the act of theft or vandalism or caught with illegal drugs or alcohol, or who is involved in other such offenses will immediately be sent home at his/her own expense and if it is determined by 4-H staff, leaders, or persons in charge of the activity that the offense warrants it, the offender will be turned over to the proper authorities.

**ACCOMMODATIONS FOR PERSONS WITH DISABILITIES:**

Accommodations may be requested by calling Karen Waite (517) 355-1748 three weeks prior to the workshop to ensure sufficient time to make arrangements. Requests received at this time will be met when possible.



**Pep Instructor Update Workshop  
2006-2007**

**Tentative Agenda**

**Saturday, October 28, 2006**

|                      |   |
|----------------------|---|
| 1:00-2:00 pm         | Kellogg Biological Station Conference Center (KBS)<br>Registration-McCrary Hall Registration Desk     |
| 2:00-2:30 pm         | Opening Session   |
| 2:30-2:45 pm         | Move to Cheff Center  |
| <b>3:00-5:45 pm</b>  | <b>Program at Cheff Center</b>  |
| 3:00-4:15 pm         | Horse Manure Happens...but then what do we do with it?<br><i>Dr. Christine Skelly, MSU Extension.</i> |
| 4:15-4:30 pm         | Break   |
| 4:30-5:45 pm         | Foot care and the Therapeutic riding horse- <i>Henry Detweiler</i>                                    |
| 6:00 pm              | Dinner—KBS McCrary Hall Dining Room   |
| <b>7:00-10:00 pm</b> | <b>Evening Program—KBS Auditorium, Academic Building</b>  |
| 7:00-8:15 pm         | ADHD Q & A- <i>Dave Nakfoor</i>   |
| 8:15-8:30 pm         | Break   |
| 8:30-9:45            | Creative Programming-Passports to Adventure!<br><i>Tasha Federinko and Jann Brinn</i>                 |
| 9:45-?               | Horse Learning Lab, Resource Review, Social time, Optional yoga!                                      |

**OVER**

**Sunday, October 29, 2006**

|                      |   |
|----------------------|---|
| 7:00 am              | Breakfast—KBC McCrary Hall Dining Room  |
| 7:45-8:00 am         | Move to Cheff Center  |
| <b>8:00 am-12:15</b> | <b>Program at Cheff Center</b>  |
| 8:00-9:15 am         | TBA   |
| 9:30-10:45 am        | Fear, Anxiety and the Riding Instructor- <i>Karen Waite</i>                     |
| 10:45-11:00 am       | BREAK   |
| 11:00am-12:15 pm     | Lessons for riders with ADHD-<br><i>Camille Drost and Margie Hojara-Hadsell</i> |
| 12:15-12:30          | Return to KBS   |
| 12:30-1:30 pm        | Lunch-Wrap up and Evaluation<br>McCrary Hall Dining Room                        |

**Have a Safe Trip Home!**

**Resource people and topics subject to change based on speaker availability**